



NCAA Eligibility: What Athletes and Their Families Should Know

Freshman/Sophomore Years

- ☑ Be sure your counselor is aware of your plans for college athletics
- ☑ Plan enrollment based on NCAA approved core courses
- ☑ Earn good grades – GPA of *approved courses* determine eligibility
- ☑ Prepare for ACT or SAT

Junior Year

- ☑ Continue to plan enrollment, based on core requirements of *approved courses*
- ☑ Achieve and maintain good grades
- ☑ Register with NCAA - fee applies
- ☑ Take Amateurism Questionnaire
- ☑ Send ACT and/or SAT scores to 9999
- ☑ Request transcript sent to NCAA (end of 6th semester)

Senior Year

- ☑ Complete core course requirements, based on NCAA approved courses
- ☑ Maintain good grades
- ☑ Submit Amateurism Questionnaire by deadline
- ☑ Request final transcript sent to NCAA

Core Course Credits

	Division I	Division II*
English	4	3
Mathematics	3	2
Natural/Physical Science	2	2
Additional English, math, or natural/physical science	1	2
Social Science	2	2
Additional English, math, science, social studies, world languages	4	3
Total	16	14

*beginning with the Class of 2013 – Division II will require 16 core course credits

Other Reminders:

- Be aware of sliding scale for GPA in core courses and ACT
- Read “Guide for the College-Bound Athlete” each year to see updates
- Follow admission procedures for the university
- Use a “coded application” according to directions, if it is offered
- Prepare sports resume and videotape, if recommended by coach
- Follow all recruiting regulations

Resources

www.eligibilitycenter.org.

www.lakeseagles.com

For current information, forms, and downloadable information

Guidance and Athletics pages link to NCAA and LCHS core courses