

# Health Club Interview

Name of Health Club: \_\_\_\_\_

Name of Client: \_\_\_\_\_

Date of Interview: \_\_\_\_\_

Why did you choose this health club to work out at?

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What is the atmosphere while you workout? (Do you feel comfortable, do the people who workout here have the same goals for their training?)

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Do the staff and/or other clients motivate you to push yourself or are you on your own with your workouts?

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Do you feel like this health club is worth the money for the overall accommodations offered? Why or why not?

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Would you recommend this health club to those interested in better their level of fitness?

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Signature of client interviewed:

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