

FITNESS-RELATED EXPERTS

Title	Description
Physician with legitimate credentials (MD or DO)	Expert in diagnosis and treatment of injury and illness
Registered nurse (RN)	Expert in administering medical treatment and health care services
Certified health education teacher	Expert in health education and health-related issues
Physical educator	Expert in exercise, sport, dance, physical fitness
Registered kinesiotherapist (RKT)	Expert in rehabilitation through exercise techniques
Registered physical therapist (RPT)	Expert in rehabilitation through exercise, massage, heat, cold, sound, electrical stimulus, gait training, and other modalities
Registered dietitian (RD)	Expert on food and nutrition