

# LAKES COMMUNITY HIGH SCHOOL

## FALL 2011 ATHLETIC INFORMATION

**Athletic Eligibility Cards:** Athletes absolutely will not be allowed to tryout or practice without first obtaining an Athletic Eligibility Card. Eligibility cards will be issued **starting Monday, July 11th** at Lakes Community High School, Monday-Thursday, 7:30 a.m. to 12:00 p.m. and 1:30 p.m. to 3:30 p.m. Cards need to be obtained in the Main Office. The athlete must then give the card directly to his/her head coach to be cleared for practice/tryouts. To receive a card, an athlete **must have a physical that is current until the end of the fall sports season** and a **current Extracurricular Activities - Clearance Form**. Additionally, sophomores, juniors and seniors **must have passed a total of four classes** the previous spring and summer sessions and have **NO OUTSTANDING FEES OF ANY KIND**.

The **physical form** with immunization record (required of all freshmen), the **IHSA sports physical form** (required of all sophomore, junior and senior athletes) and the **Extracurricular Code and Activities Clearance Form** will be available at [www.lakeseagles.com](http://www.lakeseagles.com) on the Athletics page under the Other Links heading. Original physicals must be on file at LCHS. Freshmen should make a copy of their school physical to bring in for their eligibility cards. Physicals that are submitted with registration materials will not be easily accessed until the school year begins, which could result in a delay in obtaining an eligibility card.

**Athlete/Parent Information Meetings:** There will be a **mandatory** meeting for parents & athletes of the Football, Cheer, Dance and Boys Golf programs on **Monday, August 15, 2011 at 7:00 p.m.** in the Auditorium. Field Hockey, Girls Tennis, Boys Soccer, Girls Volleyball and Cross Country athletes & parents will meet on **Tuesday, August 16, 2011 at 7:00 p.m.** in the Auditorium. Following the initial presentation, there will be meetings for each individual team. Athletic fees for Fall 2010 may be paid at this time.

**2011-2012 Athletic Fees:** Community High School District #117 has an athletic participation fee of **\$150** per sport with a cap of **\$300** for individuals and a **\$450** cap for families. **Fall athletic fees are due by September 7, 2011.** The Athletic Fee form is available on the Athletic website and should accompany all payments.

**Fall Sports Pictures:** Fall sports pictures will be taken on **Wednesday, August 17** starting at 3:00 p.m. Coaches will pass out envelopes and a time schedule for their team pictures. Any athlete wishing to purchase a package must return the envelope with their payment on picture day.

## **Fall Sports First Day Information:**

All fall sports will start on **Wednesday, August 10, 2011**. Times and locations are below. Tryout/Practice schedules for the remainder of the first week will be given out by the head coaches at the first practice.

### **BOYS:**

**Football:** 8:30 a.m. – 10:30 a.m. & 6:00 p.m. – 8:00 p.m. 2 practices/day  
W, Th, F & Sat.

**Golf:** 6:30 a.m. – 12:00 p.m. Antioch Golf Club

**Cross Country:** 8:00 a.m. – 10:30 a.m. Track

**Soccer:** 9:00 a.m. – 11:00 a.m. Soccer Fields  
4:00 p.m. – 6:00 p.m.

### **GIRLS:**

**Volleyball:**  
Freshmen 4:00 p.m. – 6:00 p.m. Main/Small Gym  
Sophomore 8:00 a.m. – 10:00 a.m. Main Gym  
Varsity 8:00 a.m. – 10:00 a.m. & 12:30 p.m. – 2:30 p.m. Main Gym  
Main Gym

**Cross Country:** 8:00 a.m. – 10:30 a.m. Track

**Tennis:** 9:00 a.m. – 10:30 a.m. Tennis Courts  
3:15 p.m. – 5:15 p.m. Tennis Courts

**Field Hockey:** 8:30 a.m. – 11:30 p.m. Field Hockey Field  
4:00 p.m. – 6:00 p.m.