

The marvels of a milkshake

By Kimi Lillig
Arts & Entertainment Editor

Milkshakes: not just a one-hit-wonder by Kelis, but a cool tasty treat that all can enjoy. I went to some of the local hot-spots to check out which place had the best chocolate milkshake in town.

Blondie's

Blondie's, located in downtown Antioch, is a 50s style diner that serves ice cream, sundaes, pies, cheesecake, and Chicago style hot-dogs. They also have a fantastic chocolate milkshake.

To go along with the diner's 50s style, the milkshake is served in a classic sundae glass with optional whipped cream. The milkshake itself is made with hand-scooped chocolate ice cream, which makes all the difference. Other milkshakes tend to taste like melted ice cream that has been sitting out on the counter all day, but not this one. When served, the best word to describe it is rich. The chocolate taste is milky and smooth and tastes real.

Another fantastic option that Blondie's offers is to split a small milkshake into two cups, which seems to be the perfect size to satisfy.

If you're not in the mood for just the milkshake miracle, they also offer a number of different flavors and add-ins.

Not only do they have a marvelous milkshake, but the atmosphere and the people really make you feel appreciated.

Main Street Custard

Main Street Custard, also located in

Antioch, offers a very chocolaty but not very thick chocolate milkshake.

It is smooth, but reminded me a lot of a carton of ice cream that has been sitting out on the counter in the sun next to the cat's favorite spot to take a nap. Once it was thoroughly melted, it was then poured into my cup and served to me with a smile.

The shop, however, does offer many other different flavors with add-ins. They also offer another spin on the milkshake that is called "Thick as a Brick." I did not try it, but if it is thicker I imagine it would taste better than the regular milkshake.

Mister G's

Mister G's, located in downtown Antioch, has a wonderfully thick chocolate milkshake.

At first it seems almost like a malt, but still has the qualities of a shake. It tastes like melted malted milk-balls, but colder and much better.

My favorite part of the Mister G's milkshake was finishing it. After each sip it left a chocolate syrup coating on the inside of your mouth. It left the delicious chocolate taste in your mouth and made you want to take another sip, and then another, and then another...

Twisted Cow

Twisted Cow, located in the Linden Plaza, has a milkshake that is thick and delicious but doesn't sink in your stomach.

The chocolate is present, but not annoying. Other shakes can make you want to gag with the amount of chocolate flavor, but this one was very mild and

contained.

The milkshake is thick and has a good consistency, but doesn't set in your stomach like a concrete brick. The shake leaves you some room and doesn't make you ask your friends to roll you out of ice cream shop.

While you try to count the hundreds of cows in the Twisted Cow, you can enjoy more than just a milkshake. Aside from the flavors and add-ins, they offer many other tasty and relatively cheap ice cream treats.

Sammie's

Sammie's in Lake Villa offers an extremely thick milkshake.

It was almost too thick and interfered with the enjoyment of the treat.

The chocolate flavor was okay, but not the best. Perhaps that negative outlook was because the Sammie's milkshake followed, what I considered, a much better milkshake.

The people who work there are very pleasant and always smiling. They also offered some very interesting flavors for other milkshakes including pineapple.

Scott Dogs

Scott Dogs, located in front of the Lake Villa Library, makes a mean milkshake.

Their milkshakes cost a little more and take a little longer to make, but I definitely think that it is worth it.

The chocolate flavor is rich and fulfilling; you would think they make the chocolate right there in the shop.

The people who work there are very outgoing and welcoming and make you feel at home.



Small Milkshake Prices

Blondies \$3.20

Main Street Custard \$3.25

Mister G's \$2.00

Twisted Cow \$3.00

Sammie's \$2.00

Scott Dogs \$3.50

Graphic by Kimi Lillig

Out of the six milkshakes that were reviewed, Blondie's and Scott Dogs had the real milkshake marvels.

A game Wii all should play

By Yuri Bockwinkel
Staff Reporter

Nine games for the price of one, this is the bargain Nintendo's newest game Wii Play offers.

There are nine fun mini-games that are designed to challenge and teach the user how to use the Wii remote without using the manual. One of the many games is a classic hunting/shooting game with a small twist. Not only can you hunt the usual ducks or pigeons, but also floating balloons and UFO's trying to abduct your character.

The creative designers at Nintendo provide the players with some unique

times have you wanted to just jump on a cow and race on it? Well in the mini-game "Charge" that is exactly what you do. It really is an odd experience that is hard to forget, I know I won't.

"Find Mii" is another unique game, though not as strange as "Charge". It plays like the old books I Spy or Where's Waldo, the purpose of the game is to find the character it tells/shows you to. The trick is there could be dozens of people that look close to them, and different scenarios get harder or easier.

For all those who dream to be a model or superstar there is "Wii Pose" to help practice your moves and skill. This mini-game will give the player some new wacky poses that someday (very unlikely) land you a career.

In addition there are a few games along more traditional standards; "Air Hockey", "Billiards", and "Arcade Fishing." Wii Play air hockey is called laser hockey, it is the same concept just

The complete opposite of extreme would be the fishing game, too me that mini-game is the most boring of them all. The only purpose like in all fishing games is to catch fish, so you don't get a work out.

To get more of a work out, there is table tennis. It is similar to ping pong, and the game tennis in Wii Sports. Playing table tennis with a few friends is more of a challenge then to verse the computer.

A mini-game that is fun to verse the computer in is "Tank". In this game you play as a battle tank that must destroy the enemy. To do that you can fire missiles or lay land mines. The controls in this mini-game were a bit more complex for me than the others, but way worth it in the end. Once I got the hang of it I couldn't put it down until I won, which was way too long.

Wii Play is a decently fun game if played by yourself, but if I were to play it at a party it would be the highlight of the night. The game may not have my favorite sports but I really enjoyed the game over all.



Photo courtesy of ebay.com

gaming experiences for without handles. I would example; "Find Mii" and even venture to call it "Charge." How many extreme Pong.



out of 5

Need energy? Get Emergen-C

By Chani Bockwinkel
Feature Editor

"People are Raving of about Emergen-C," according to the Emergen-C commercial on the radio. "... I was always lethargic but thanks to Emergen-C my mind is so sharp I disproved Einstein's theory of relativity, and I can morph into animals."

Many probably have heard and seen commercials for this product called Emergen-C. Despite its new popularity surge the products has actually been around since 1978. It was invented by Jay Alacer, founder of the Alacer Corporation who produces Emergen-C.

How the drink works, there is a small packet which one pours into water and it fizzes and absorbs into the drink. This can be done with hot or cold water.

The question is how good is this drink for the body? The powder contains 1,000 mg of Vitamin C with 32 different mineral complexes plus B Vitamins. It is also "sweetened with Fructose for Quick Energy with Staying Power." There are only six grams of Carbs and a total of 20 calories. This is an easy trade-off for the amount of vitamins including potassium that the drink provides.

One bonus of the product is the variety of flavors the drink comes in. Currently the company offers Cranberry,

Raspberry, Tangerine, Orange, Tropical, Wildberry, Lemon Lime, and Lite. There are also variations on the basic flavors. There are a few different types designed for younger children. There are also flavors designed specifically for certain health problems. Such as Black Cherry Heart Health, which targets cholesterol with added Lycopene. There are also types with added calcium.

The drink, for a vitamin, is actually pretty tasty. It is much stronger tasting than tea, if it is being used in a hot drink. The fizz is initially a little strange tasting, but after sitting the fizz disappears. I have found that I do not like the drink cold, but it can be taken for preference or convenience either way. The packages are small

so they are easy to stash in a bag or purse to be taken anywhere. The variety of flavors is great because it allows the drinker to change flavors because it should be drunk daily.

The product is a little pricey it can range from around \$14- 17 per package. The package does contain 36 packages and is often on sale. Emergen-C can be bought at a variety of local stores from Walmart to Polsens Natural Foods in Antioch. The bottom line is, it is a delicious way to get more Vitamin C into a diet and the amount is well worth the price.

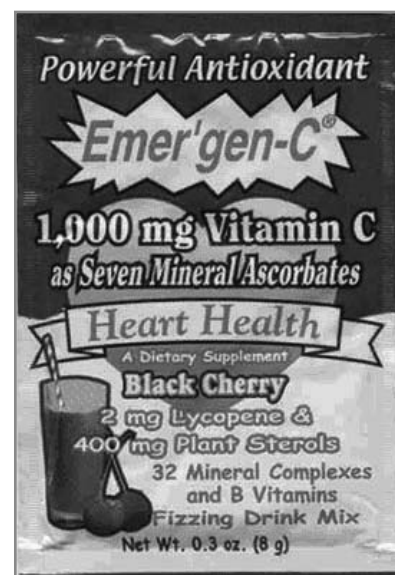


Photo courtesy of healthsavers.info



out of 5